



Peace Connection 2/1/23

Wednesday February 1st
2:00 pm Book and Bible Studies

Thursday February 2nd
Sexton's Day off
3:00 pm Organ Practice
7:30 Choir Practice

Friday February 3rd
Pastor Charlie's Day Off
2:00 Travel Quest- Cleveland
Botanical Orchid Mania Show

Saturday February 4th
2:00 pm Organ Practice

Sunday February 5th
In Person Worship 9 & 11 am
10:00 am Christian Education
10:00 Adult Gospel Study
10:00 Blood Pressure Screening

Monday February 6th
10:00 am Staff Meeting
1:00 pm Comfort Quilters
2:00 Organ Practice
7:00 pm SOAP Bible Study

Tuesday February 7th
12:00 pm Bridge- Baumbach
7:00 pm CrossFire Rehearsal

Wednesday February 8th
2:00 pm Book and Bible Studies
7:00 pm Council Exec Comm

Thursday February 9th
Sexton's Day Off
11:00 am FLOW
3:00 pm Organ Practice
7:30 Choir Practice

Friday February 10th
Pastor Charlie's Day Off

Saturday February 11th
2:00 pm Organ Practice

Sunday February 12th
In Person Worship 9 & 11 am
10:00 am Christian Education
10:10 am Annual Congregational Meeting
7:00 pm Council Meeting
Grow in Faith * Serve In Love *
Live In Peace



The Prince of Peace Annual Meeting

The meeting will be held on Sunday, February 12, 2022 at 10:10 am in the Fellowship Hall. Please plan to attend.

Young at Heart Lunch

Friday, February, 24th at 12:30 pm.

Houlihan's restaurant.
25651 Detroit Rd.
Westlake, OH 44145

Any questions, please contact Kathy Kettler at 440-734-6511. A sign-up sheet is in the lower lobby.

YOUNG AT HEART LUNCH



Friday, February 24th at 12:30 pm

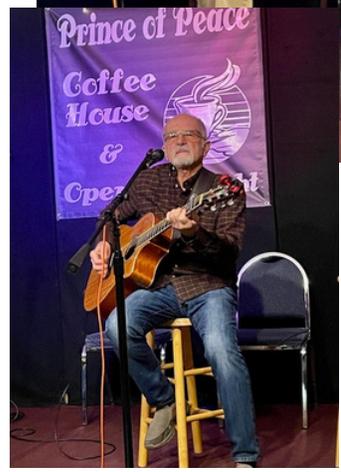
Houlihan's Restaurant
25651 Detroit Rd.
Westlake, OH 44145

Sisters in Spirit

Movie Night at PoP! Bring your own meal (take out or home cooked) Saturday, January 28th 5:30pm-9pm in the High School Youth Room Please invite friends and also please let me know if you can come! Contact Joan Drobnak with any questions, drobn@gmail.com



Coffee House & Open Mic photos from our event this past Saturday. A nice time spent with friends and some great musical entertainment!



Sunday Livestream Worship Services at 9 am & 11 am

Is the cold keeping you inside?

On Sundays, you can worship with us online!

Please visit our [website](#) where we will Livestream our Sunday Worship Services at 9:00 am and 11:00 am.



SOAP Bible Study

SOAP Bible Study will be meeting Mondays at 7:00 pm. The meetings will be in Narthex or choir area.

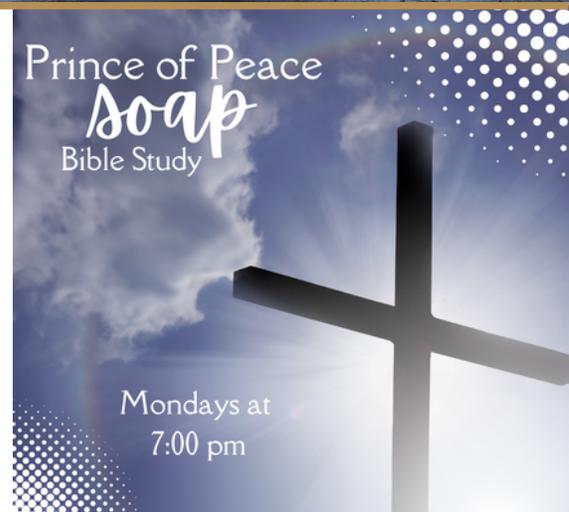
All are welcome!

Group Discussion using the S.O.A.P method
Scripture; Observation; Application; Prayer

For questions, please contact Mark Givens at mpgivens@ameritech.net

Prince of Peace
Soap
Bible Study

Mondays at
7:00 pm



Constitution and bylaws

At the congregational meeting in February we will be updating the constitution and bylaws. Please follow the link if you would like to review them. Email Dave Covell with questions. thecovells@gmail.com.

<https://www.princeofpeacewestlake.org/bylaws-and-documents>



Prince of Peace youth's 2023 Souper Bowl Collection

Sunday, February 12th, 2023

Each year we raise money to support services for 2100 Lakeside Men's Shelter. The money is used to buy food for the hot meals Prince of Peace serves at the shelter. There will be soup pots in the narthex after each service where you can place your cash donations. Last year we raised \$1,168.00. The goal for 2023 is \$1,500.00.



2022 Giving Statements

The 2022 Giving Statements were emailed or mailed on January 17th. If you did not receive yours, please let the office know and we will resend it.



Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 4 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.¹

Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.²

We will be in your neighborhood soon on Friday, March 17, 2023 at Westlake - Prince of Peace Lutheran Church

Get your special Community Circle pricing!

Three ways to register and receive the special discount:

Call toll-free: **1-800-679-5191**

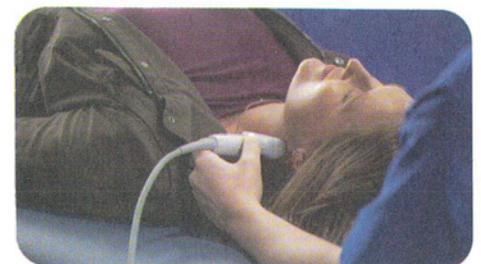
Online: **LLSA.SOCIAL/HC**

Text: the word **circle** to **216-279-1607**



Getting Screened is Simple!

Painless, non-invasive, keep your clothes on.



¹ <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

² <https://www.heart.org/en/health-topics/atrial-fibrillation>

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.

Travel Quest

Travel Quest Will start off the New Year with a group event on Friday, Feb. 3.

Depart Prince of Peace 2:00pm. Enjoy the Cleveland Botanical Orchid Mania show!

Followed by dinner and entertainment by Moonstruck at the Cleveland Museum of Art.

Transportation will be provided.

Please contact Fran Wilhelm for cost and details. 440-231-4004 or email: msfiddlesticks@hotmail.com



Blood Pressure Screening

February 5th with Deb Gibbons.

Screenings will be held in the West Office. If you have any questions please contact Christie Wiedt at 440-773-8669.



OMNI Medical Mission Trip Update

Update on OMNI Medical Mission Trip:

It is with great disappointment and regret that the 2023 medical team has been postponed this year. Karen Throckmorton, OMNI President who was to lead the trip in July has learned she has to have extensive spinal surgery in the next few months. The recovery period will unfortunately extend beyond the planned travel time to Zambia, and also makes preparation and packing for the team not possible.

This decision was not made lightly, and was discussed with key team leaders. She very much had been looking forward to taking a wonderful group of people to serve the poor in Zambia. OMNI hopes that it can offer this opportunity again next year. She thanks all who were offering their time and talents to participate with this team and serve others.

Please contact OMNI board members Jon Wilhelm (everythingbutceramics@yahoo.com) or Charlie Koch (treasprinceofpeacewestlake@gmail.com) if you have any questions.



Psalm 35:1-10

Prayer for Deliverance from Enemies
Of David.

1 Contend, O Lord, with those who contend with me;

fight against those who fight against me!

2 Take hold of shield and buckler,

and rise up to help me!

3 Draw the spear and javelin

against my pursuers;

say to my soul,

"I am your salvation."

4 Let them be put to shame and dishonor
who seek after my life.

Let them be turned back and confounded
who devise evil against me.

5 Let them be like chaff before the wind,
with the angel of the Lord driving them on.

6 Let their way be dark and slippery,
with the angel of the Lord pursuing them.

7 For without cause they hid their net for me;
without cause they dug a pit for my life.

8 Let ruin come on them unawares.

And let the net that they hid ensnare them;
let them fall in it—to their ruin.

9 Then my soul shall rejoice in the Lord,
exulting in his deliverance.

10 All my bones shall say,
"O Lord, who is like you?"

You deliver the weak

from those too strong for them,

the weak and needy from those who despoil them."

PASTOR CHARLIE'S BLOG



David has some harsh suggestions for what God can do to David's enemies. I especially like verse 6 – "may their way be dark and slippery, with an angel of the Lord pursuing them."

I invite you into my struggle with this text today - I will be honest with you - I have difficulty with this psalm. I read these words, but I also hear Jesus words, "Love your enemies." "Bless those who persecute you." And St. Paul's words, "Do not overcome evil with evil, but overcome evil with good."

I can also hear my parents encouraging peace and not harmful action. My parents instilled in my brothers and me that fighting was never the answer when it came to disagreements.

So I hear these words attributed to David, and at first glance, it is hard for me to grasp what to do with these words.

Now I realize David is a warrior, and a warrior is going to be going to battle, and the desire is to win, right? You want God on your side.

And if we are going to be honest with each other, I must admit there are times when I have wished ill on others who have done me wrong. I imagine I am not alone in that. We get hurt. We get angry. We want revenge and we think of ways that revenge would be sweet, like a dark and slippery path and an angel in hot pursuit.

I believe there are two things I can glean from this text.

1. If we are feeling it or thinking it, be honest with it. Yes, there are times when we get angry or bitter or just plain mad at someone else. It is the way we are wired. And if you are feeling it, and it is weighing on your heart, causing you to stay awake or not get up, why not share that with the One who already knows what you are thinking or feeling. Take it to God and let God know where you are.

I mean if David can take it to God, surely, we can too! Right? God is not going to be surprised by your thoughts and feelings.

1. The second piece is important, I believe. It is how we act on those thoughts and feelings. Ephesians 4:26-27 reads "26 Be angry but do not sin; do not let the sun go down on your anger, 27 and do not make room for the devil."

Be angry, but do not sin.

There seems to be a lot of anger and bitterness and people getting mad recently (thank you, Captain Obvious for the observation!). How are you coping with that?

Social media is a place where that has been playing out a lot recently. I came across this helpful acronym that you may have seen before. I think this is going to be posted above my desk as a reminder.

Before you post something or send an email to someone, THINK first.

PASTOR CHARLIE'S BLOG



From PC's PC (Pastor Charlie's Personal Computer!)

T – is it true?
H – is it helpful?
I – is it inspiring?
N – is it necessary?
K – is it kind?

If you are not sure, I would encourage the MOM method. What would MOM think about what I am sharing?

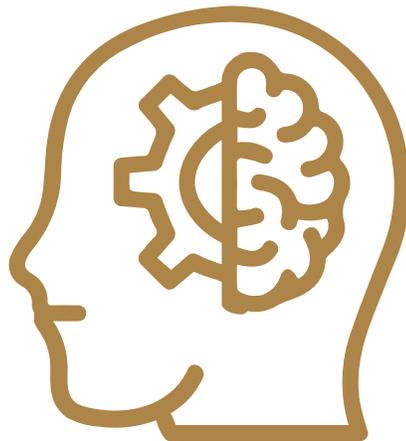
Finally, a word from Martin Luther's Small Catechism on the 8th Commandment:
The Eighth Commandment: You shall not bear false witness against your neighbor.
What is this? or What does this mean?

We are to fear and love God, so that we do not tell lies about our neighbors, betray or slander them, or destroy their reputations. Instead we are to come to their defense, speak well of them, and interpret everything they do in the best possible light.

So let me circle back around to today's psalm. David wants to win against his enemies. So do you and I.

Let God know what's on your heart and mind. Ask God to guide you. Then seek how best to respond. Yes, there are times when we need to stand up and fight against evil, when there is no other resort. But I would venture to say that most of the time, St. Paul's words need to be heeded – may we overcome evil with good.

Let us pray: Almighty God, there are some things and some people that make us so angry. Hear us as we vent our anger and pain. Direct us to do that which you would have us do, or NOT do. We pray this in Jesus' name. Amen



“Member Profile”

This Week’s Feature :

Cindy Strieter and Dave Lamar



Cindy was born in Cleveland and grew up there as well as North Olmsted. She has 2 younger brothers in her family. She attended Ascension Catholic School and John Marshall High School. She was a registered nurse and a pediatric nurse practitioner before she went to medical school at Case Western Reserve University. Dave was born and raised in Louisville, Kentucky. His 2 sisters, Lisa and Sandra, live in the Louisville area. He received a degree in Mechanical Engineering with an Aerospace Specialty from Rice University in Houston, Texas.

Dave spent 14 years as a NASA contractor, then moved to NASA as a civil servant for an additional 23 years. The first 25 years, he was at the Johnson Space Center in Houston, the last 12 at Glenn Research Center. Cindy has had a career as a Pediatrician for 33 years at Comprehensive Pediatrics. Originally an independent group, now she is a part of University Hospital. My 2 children were seen at Comprehensive Pediatrics in Westlake, I can attest to the caring environment that Cindy was a part of.

They met in the Contemporary Band at POP. Cindy has 4 adopted grown children and 5 grandchildren. Dave has 2 children: Michael age 35, and Sarah age 33. Prior to joining POP, Cindy had been a member at St. Paul Lutheran. She heard a service with David Bird as the band leader playing “We are Marching in the Light of God” and knew she wanted to be part of that! She became a member here in 1999. Dave had been a member of Messiah Lutheran, Fairview Park. He joined the band in 2005 here. After Cindy and Dave married on the beach in Maui in February, 2018, Dave decided to transfer his membership, but things got crazy: Pastor Bishop announced his retirement, and then Covid hit. After a more stable pastoral situation developed with the call to Pastor Woodward, Dave joined as a member on October 24, 2021.

Both are very active in important missions here at Prince of Peace. Cindy is the Contemporary Music Director and has been on multiple OMNI medical mission trips. We can look forward to much inspiration as she leads the wonderful music we enjoy each week! Their involvement in OMNI has impacted many in need in Zambia. Housing, Medical Care, Education, Nutrition and learning of God’s Love has been the focus. This year will be the first trip scheduled since Covid and political upheaval had cancelled these mission trips. Dave is also a big part of the CrossFire Band. Please be prepared for his final volley of drum beats at the end of a service, it will loosen any dental work you may have! He also is involved with Open Mic Nights, Wednesday afternoon Bible Study, and the 2022 Stewardship Team. He is President of the Board of Trustees of United Protestant Campus Ministries in Cleveland since Oct.2021.

Cindy enjoys reading and music in her spare time. People may not know that she was a Cantor at Bethel Lutheran church in her 20’s and helped introduce the Green Lutheran Hymnal with her good friend Linda Kempke. Linda is a well known Lutheran organist and choir director. Linda was the director of the Lutheran Acapella Choir and has a doctorate of divinity for Lutheran Worship music. Their friendship remains strong as both have been committed to spreading The Good News through music. Dave is interested in Thoroughbred horse racing. They have hosted wonderful Kentucky Derby parties at their home. With an encyclopedic knowledge of all aspects of this event and very tasty Mint Juleps, the costume wearing participants had a great time! He also enjoys alternative rock and contemporary music as well as Space Exploration including the Moon & Mars, and the Outer Planets. Known mostly at POP as a fan of contemporary music, he surprised former organist Don Jackson with his knowledge and interest in obscure Baroque music, including Danish organist and composer Buxtehude. Don responded “I never knew a drummer who knew anything about baroque music.”

What a gift we have received here at POP! Cindy and Dave have been dedicated to sharing the message of the Gospel as members for many years. Living daily as a Christian has inspired us! They certainly are “Walking in the Light of God.”

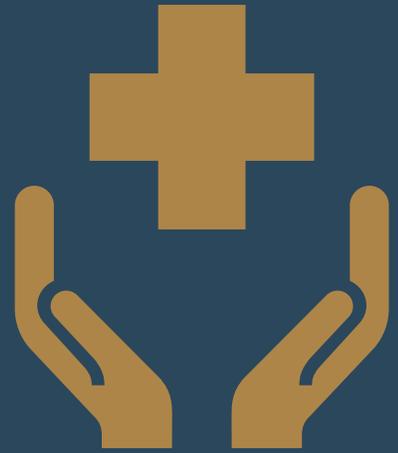
By Tom Robinholt : Profile Reporter

Prince of Peace Lending Closet

We are starting a virtual LENDING CLOSET of assistive devices people may need to borrow when they become sick or injured. These include items like walkers, raised toilet seats, bedside commodes, wheelchairs, crutches, etc. It will work like this. The office at POP will maintain a list of who has what available assistive devices to loan. A member in need will call the office for contact information and then reach out to the owner of the equipment. The borrower is responsible for picking up and returning the item to the owner. The owner of the equipment will then let the office know when the item is available again to loan.

IMPORTANT: We will NOT be storing any equipment at POP. Identification stickers for the equipment will be sent to the owners once they are registered with the office. This will make it easier to identify where the equipment needs to be returned once it is no longer needed.

If you would have an assistive device you would like to lend, please contact the office at 440-871-5565. We are only registering equipment at this time. Watch for an announcement when we will start lending these items.



Online Giving

Your generous online offering allows us to preach the gospel, make disciples, and support others in our community who need help. As a community, we are grateful for one another's loving support. [ONLINE GIVING](#)

You can also just text the word **Give** to the number below to get started: (866) 863-5410



2023 Giving Report

Operating Giving Report	YTD	AVG/week
Total Giving as of December 31:	\$ 424,202	\$ 8,158

Percent of Annual 2022 Budget Received to Date 106%
Giving in Excess off Budget \$ 23,702

Thank you for your support of our mission ministries in 2022!



Second Harvest Food Bank

For the month of January, requested items are canned beef stew and canned vegetables. The collection containers are located as you enter the Education Wing. Thank you! [Learn more](#)



PoP Choir

Choir rehearsals for the fall season are Thursdays from 7:30 - 9:00 pm in the sanctuary.

All are welcomed to join us for rehearsals, and no prior experience is required.



Join us in

EL SALVADOR

Experiential Trip

Immerse yourself in the culture of Central America and build lasting relationships with local students

Seeking:

High School Seniors and Young Adults

12 spots available

Itinerary Overview:

- Field day event at local school
- Historical tour of the Museum of Martyrs
- Visit University of Central America
- Learn about local agriculture and site visit
- Afternoon/evening reflections and prayers

June 26-July 3rd

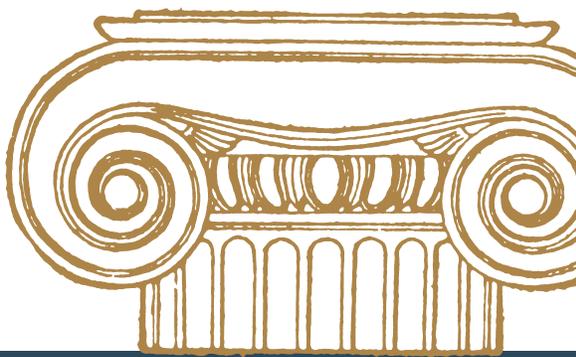
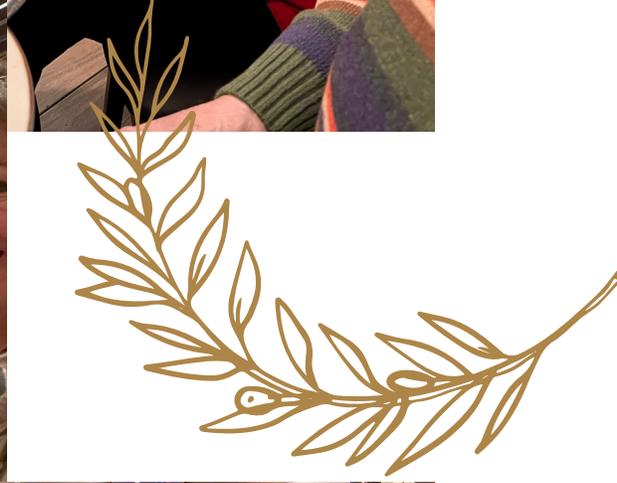


Contact Hilary Lucas to
reserve your spot
before March 1st!

Thank you to all who attended the international dinner at Syriana!

Our next international dinner will be at Phnom Penh in North Olmstedon April 27th.

We hope to see you there!



INTERNATIONAL DINNER SERIES



CAMBODIAN DINNER THURSDAY APRIL 27TH AT 6PM

27080 Lorain Rd, North Olmsted, OH 44070



Phnom Penh
restaurant
Cambodian and Vietnamese Cuisines

Please text Hilary to
sign up 216.258.1639
All are welcome

Prayer Concerns

Please join us in praying for members and friends with recent needs: Aidan Lewis, Brad Davidson, Al Tielke, Beverly Braun, Donna Kucera and her family, Emily Saunders, Eriq, family and friends of Jennifer Preising, Jessica Carimi, and the Claus family.

Also, we pray for chronic, long-term care needs: Charlotte, Renn, James Arrigo, Stephanie Bailey, Tony Cacciatore, Don Chrismar, Patty Doran, Marcia Drysdale, Dawn Higgins, Jayne Kramic, Deanne Lahner, Angela Missig, Jenn Pitts, Eric and Nicole Quinn, Lois Reichert, Howard Ricke, Pam Rotella, Bill Sweeny, Robert Sieving, and Al Tielke.

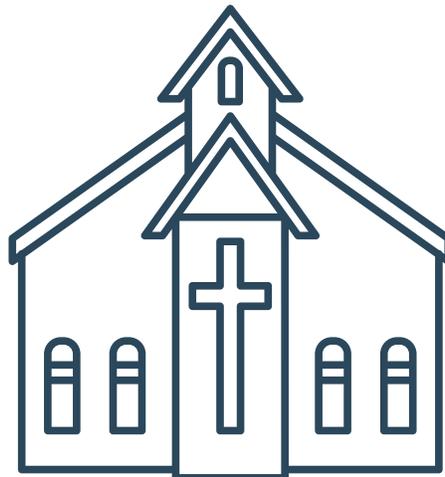
Please notify the office of prayer concerns. These names will be shared with our prayer chain ministry & remain on our prayer list during Sunday worship for 3 weeks.



Attendance at Prince of Peace

<u>Date</u>	<u>Online</u>	<u>In Person</u>	<u>Total</u>
01/29/2023	42	143	185
01/22/2023	34	120	154
01/15/2023	131	149	250
01/08/2023	40	136	176

WEDNESDAYS



Happy Birthday

- | | |
|--------------------------|-------------------------|
| 02/01 Katarina Rolik | 02/13 Jane Carlson |
| 02/02 Emma Perry | 02/13 Jonathan Covell |
| 02/02 Rachel Drobnak | 02/13 Kathy McCollum |
| 02/04 Abigail Matalavage | 02/13 Sally Blach |
| 02/04 James Wilhelm | 02/15 Betsy Bailey |
| 02/04 Tom Herren | 02/16 Connor Burdette |
| 02/05 Bradley Pearce | 02/16 Carol Novotny |
| 02/05 Erin Jagels | 02/16 Saige Worsencroft |
| 02/05 Julia Vorobej | 02/17 Dennis MacKenzie |
| 02/06 Sean Biller | 02/18 Donald Chrismar |
| 02/07 Esther Wolff | 02/18 Elayna Gros |
| 02/07 James Arrigo | 02/18 Lydia Lenz |
| 02/08 Charles Sieving | 02/21 Kieran Lavin |
| 02/08 Joann Burson | 02/21 Andrea Petta |
| 02/09 Diane Miller | 02/22 Jan Saunders |
| 02/10 Nicholas Fortuna | 02/23 Edna Dickey |
| 02/10 Sean Lavin | 02/23 Jon Steinbrecher |
| 02/12 Chris Rehack | 02/23 Julia Castell |
| 02/12 Laney Ventimiglia | 02/04 Beverly Braun |
| 02/12 Melody Hauser | 02/24 Keith Wyant |
| 02/13 Charles Woodward | 02/08 Chris Petta |
| 02/13 Erin Bruneau | 02/08 Shaun Dillon |

HAPPY ANNIVERSARY

- 02/01 Dan & Jan King
- 02/02 Tom & Sandy Herren
- 02/06 Dan & Gail Pogue
- 02/10 Jim & Sharon Lappin

Follow Us!



Prince of Peace Staff

Pastor Charlie Woodward
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James & Lisa Arrigo, Sextons
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Brandon Bilek, Sound Technician

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Hailey Desmond, Marketing/Communications
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Ian Faleer, Chancel Choir Director
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Hilary Lucas, Youth Director
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Cindy Strieter, Contemporary Music Director
redguitar626@gmail.com

Ruth Williams, Organist
mrsruthwilliams@yahoo.com

James Dickey, IV, Church Council President
jmdickeyiv@gmail.com



Office Hours

Monday, Tuesday, and Thursday from 9-3
28455 Center Ridge Rd., Westlake, Ohio 44145
440/871-5565 • www.princeofpeacewestlake.org

Sunday Worship Services

9:00 am & 11:00 am in person.

Livestream

Christian Education - Sundays 10-10:50 am

Adult supervised child care for children 5 and under is
offered for both services and during

the Christian Education hour between services.